

Team TRIM Coaches : : Mark & Jim Mastery

*****Print this & Check off your first 30 days. The "day" coordinates with the DATE of the month.*****

Success is found in listening to Jim & Mark daily, even after your first month

Day 1

- Jim Rohn - Diseases of Attitude 26:33 <https://youtu.be/0sG31mTbHJU>
- Mark Hughes - Vol 1 <https://youtu.be/II7pqvQDwol>

Here's a couple favs for you to take in for today...

I was told to take in a little Mark Hughes (passion for this company and products) & Jim Rohn (business and personal mindset) everyday. It served me very well.

I'll just drop these here daily for you...

Tag your teams and take on the habit of the daily listen.

Day 2

- Jim Rohn - Secret to Making More Money 13:44 <https://youtu.be/mlMc7CpKAXl>
- MARK HUGHES: Vol 2, 1:02:15 <https://youtu.be/x6nzeZEAYg0>

Day 3

- Jim Rohn - The Day that Turns Your Life Around 11:07 <https://youtu.be/ZqdYq4O0S-M>
- Mark Hughes - Vol. 3, 24:18 <https://youtu.be/04fGJDcHwWs>

Day 4

- JIM ROHN: Let the Success find you 15:51 https://youtu.be/S38B_I2DLik

MARK HUGHES:

- How to Do Meetings and Trainings 7:05 <https://youtu.be/imjdwCA0WoE>
- Retail Video 10:29 <https://youtu.be/lgrtf4VRCa0>
- Follow Up 7:15 <https://youtu.be/i03Mh1MpQu8>

Day 5

JIM ROHN:

- Getting Rich is Easy 10:56 <https://youtu.be/wS7b1I50F7Y>

MARK HUGHES:

- Day 1 16:26 <https://youtu.be/2v7GsqfDj6M>
- Day 2 12:53 https://youtu.be/X3_eYFKUHik

Day 6

- JIM ROHN: Take Risks 11:49 <https://youtu.be/AOuRJcMEWTg>

- ◻ MARK HUGHES: Day 3 13:01 <https://youtu.be/aq2OHYmOsmM>
- ◻ MARK HUGHES: Day 4 10:26 https://youtu.be/h9pi4i_Vic0

Day 7

- ◻ JIM ROHN: Think & Grow Rich Attitude 16:37 <https://youtu.be/lusvtsFIA-8>
- ◻ MARK HUGHES: Day 5 19:40 https://youtu.be/ha_labHk6Tg
- ◻ MARK HUGHES: Day 6 10:01 <https://youtu.be/ausopRqJNBU>

Day 8

- ◻ MARK HUGHES: Day 7 13:02 <https://youtu.be/wDXsJ8aUyTc>
- ◻ MARK HUGHES: Day 8 18:03 <https://youtu.be/pXv-ia8VUMU>
- ◻ JIM ROHN: Mindset of Thinking Wealthy 34:38 <https://youtu.be/VfFIQXioNQ4>

Day 9

- ◻ JIM ROHN: Stop Wasting Time 35:06 <https://youtu.be/mPLiz5xJVgQ>
- ◻ MARK HUGHES: Day 9 15:10 <https://youtu.be/xyqfHkMdTIs>
- ◻ MARK HUGHES: Day 10 14:23 https://youtu.be/djezf2s_CB8

Day 10

MARK HUGHES:

- ◻ Day 11 16:36 <https://youtu.be/YcKuWLxejc>
- ◻ Day 12 14:05 <https://youtu.be/HU9dx42abeA>

JIM ROHN:

- ◻ How to Attack Problems 14:29 <https://youtu.be/EhSomPr9kbE>

Day 11

JIM ROHN:

- ◻ Make a Decision About Who You'll Become 31:23 <https://youtu.be/Hhywi8OpzOY>

MARK HUGHES:

- ◻ Day 13 13:34 <https://youtu.be/FnyGURPbp4Q>
- ◻ Day 14 14:04 <https://youtu.be/R5hWFF5-vYk>

Day 12

MARK HUGHES:

- ◻ Day 15 14:49 <https://youtu.be/ub76hRmFMmM>
- ◻ Day 16 9:51 <https://youtu.be/rSYQF9WW5bq>

JIM ROHN:

- Become Financially Independent 20:58 <https://www.youtube.com/watch?v=KK7acheg0bc>

Day 13

JIM ROHN:

- 7 Ways to Build Wealth in Your Life 34:41 <https://youtu.be/Dxim36rEEp4>

MARK HUGHES:

- Day 17 13:08 <https://youtu.be/U65K-BWvww8>
- Day 18 13:19 <https://youtu.be/aMJJoJFs2cLE>

Day 14

MARK HUGHES:

- Day 19 12:52 <https://youtu.be/UpX14LXana0>
- Day 20 11:55 <https://youtu.be/7-MKXaucZgU>

JIM ROHN:

- Sowing and Reaping 11:29 <https://www.youtube.com/watch?v=xvl4djYSv0E>

Day 15

JIM ROHN:

- Power of Choice 14:31 https://youtu.be/BbSFIboFr_w
- Wake Your Potential 10:15 <https://youtu.be/HSJ1kJ0p9NA>

MARK HUGHES:

- Day 21 12:34 <https://youtu.be/HSokSG3vMSA>
- Day 22 12:38 https://youtu.be/nj_mQEK4fk8

Day 16

MARK HUGHES:

- Day 23 12:47 <https://youtu.be/wspHiJqf-do>
- Day 24 14:08 <https://youtu.be/Av2GP1jXoqQ>

JIM ROHN:

- Achieve Anything 23:45 <https://youtu.be/CMIVFRZ6ZfQ>

Day 17

JIM ROHN:

- What are You Becoming 13:26 <https://youtu.be/-CskESXNmIQ>
- Do Something Different 13:58 <https://youtu.be/BDO97hW0y1c>

MARK HUGHES:

- Day 25 2:11 <https://youtu.be/lbVABrMuwil>
- Day 26 17:09 <https://youtu.be/p2lrjVTzTyU>

Day 18

MARK HUGHES:

- Day 27 12:21 <https://youtu.be/p3ChsJyvica>
- Day 28 12:50 <https://youtu.be/RPP1voZswi8>

JIM ROHN:

- Protect Your Mind from the Negative 32:25 <https://youtu.be/x0EoCM2reDI>

Day 19

JIM ROHN:

- How to Become Self Disciplined and Consistent 41:03 <https://youtu.be/Hzi59S0zAKM>
- Self Discipline Will Determine Your Success 34:20 https://youtu.be/Edhdc8QT_I

MARK HUGHES:

- Day 29 13:14 https://youtu.be/3g_JLWcHwaA
- Los Angeles 1993 22:41 https://youtu.be/Qghq9Rc_HcA

Day 20

MARK HUGHES:

- Mark Hughes Out 24:39 <https://youtu.be/fqa3slYlaqs>

JIM ROHN:

- Take Every Chance You Get 1:00:28 <https://youtu.be/sTs3styQdWE>

Day 21

JIM ROHN:

- It All Starts with a Decision to Make a Change 51:48 <https://youtu.be/dmKnhRrbiJs>

MARK HUGHES:

- Go Group Go 53:10 <https://youtu.be/yLA-qefE8OQ> (**Listen to first 30 min**)

Day 22

MARK HUGHES:

- Go Group Go 53:10 <https://youtu.be/yLA-qefE8OQ> (**Listen to the second half**)

JIM ROHN:

- How to Obtain Financial Freedom and Live a More Fulfilled Life 17:17
<https://youtu.be/71Xyc9vCIZk>

AND

- How to Turn Knowledge in Action 10:54 <https://youtu.be/qHY849qiWAc>

Day 23

- JIM ROHN: Great Powers You Must Have to be Successful 23:58

<https://www.youtube.com/watch?v=Tf556xa6Dil>

- MARK HUGHES: How to Build a Distributorship 1:34:18 <https://youtu.be/vj-wWh2mxUg>

(Listen to first 30 min)

Day 24

- JIM ROHN: Goals and Dreams Become MAGNETIC 19:46 <https://youtu.be/YiMeEKXVyW0>
- MARK HUGHES: How to Build a Distributorship <https://youtu.be/yj-wWh2mxUg> (**Listen to next 30 min**)

Day 25

- JIM ROHN: Stop Wasting any MORE Time 35:06 <https://youtu.be/mPLiz5xJVqQ>
- MARK HUGHES:
- How to Build a Distributorship <https://youtu.be/yj-wWh2mxUg> (**Listen to last 30 min**)

Day 26

- MARK HUGHES: Training I've Never Seen 1:06:19 https://youtu.be/Mg_0QqXwQvQ (**Listen to first 30 min**)
- JIM ROHN: Find Yourself in the Future 23:54 https://youtu.be/SOI1pi_oXQ8

Day 27

- MARK HUGHES: Training I've Never Seen https://youtu.be/Mg_0QqXwQvQ (**Listen to last 30 min**)
- JIM ROHN: Successful People are Self Disciplined 8:18 <https://youtu.be/035SDZ85RiY>

Day 28

- JIM ROHN: Philosophy of the Rich and Poor 11:38 <https://youtu.be/ef2BEqijmwA>
- MARK HUGHES: The Magic is in the Products 6:08 <https://youtu.be/iHDe4EAfseg>

Day 29

- JIM ROHN: How to Use Money Wisely 12:27 <https://youtu.be/6EnhOZMJJa38>
 - MARK HUGHES: Mind of a Mental Giant 3:57:43 https://youtu.be/AKnTX_4M3oY
- THIS IS A BIG ONE... PLAN TO LISTEN OVER THE NEXT FEW DAYS...

Day 30

JIM ROHN:

- How to Stop Worrying and Start Living 25:47 <https://www.youtube.com/watch?v=-2kDr0qvcHE>